

Analysis and Research on College English Teaching Based on Humanities Education

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Abstract: Strengthening the humanistic quality education of college students is an important task facing colleges and universities at present. It is necessary to establish an English teaching mode of humanistic quality education. Based on the theory of constructivism, a teacher-led “student-centered” teaching concept is established. To organize and highlight the teaching content of cultural knowledge and humanistic knowledge; to promote cooperative learning and various learning activities to cultivate humanistic spirit of classroom organization. Establish a new college English teaching mode which embodies humanistic student achievement evaluation model and implements multi-level assessment model for students' learning situation. In order to analyze college English teaching, this paper analyzes the possibility of implementing humanistic education in college English teaching through humanistic education, and puts forward the requirements for the humanistic quality of college English teachers. It is necessary to use the position of English education to guide the majority of students to think deeply about the value orientation of life, and actively guide them to adjust the relationship between people and between man and nature, with the humanistic spirit of lifting up.

1. Introduction

To inherit humanistic knowledge, humanistic spirit and cultivate students' humanistic quality [1]. Language teaching can be said to be the basic approach of humanistic education in national education, so college English teaching should carry out humanistic education. The process of college English teaching itself is a multi-functional process of teaching and educating people that integrates moral education, intellectual education, aesthetic education and ability cultivation. It is also an education of students' ideals, morals, outlook on life, world outlook and values, which is a part of quality education [2]. English is a communicative language widely used in the world. With the deepening of reform and opening up, the demand for foreign language talents is very strong, and the importance of college English teaching is increasingly highlighted. In order to cultivate high-quality talents, colleges and universities need to integrate science education and humanistic education [3]. Before, the level of college English teaching in China has been greatly improved. It is no longer limited to the teaching of linguistic knowledge points such as simple vocabulary explanations, but gradually deepens into the cultural information carried by the English language [4]. In this way, students can talk to foreign cultures and use them as a reference to deepen their understanding and understanding of local culture. The current continuous optimization of college English textbooks has its own distinctive humanistic characteristics, and it is a ready-made textbook for the cultivation and education of humanities in college students [5]. Integrating humanities education into college English teaching can not only promote students' learning, improve the efficiency of teaching and learning, but also help students to fully exert their individuality and potential, and adapt to the requirements of future foreign language development of foreign language talents [6].

The so-called humanistic education refers to the education for students aiming at promoting their realm of human nature, shaping their ideal personality and realizing their personal and social values. Its essence is humanistic education, and its core is to cultivate humanistic spirit [7]. This education emphasizes self-awareness and spiritual insight. It makes people understand and attach importance to the meaning of life and gives society more humanistic care. Jin Kaicheng, a famous literary and

art theorist, holds that the acquisition of humanistic quality is the result of the education of language, culture, values, ethics and aesthetic taste in various activities and practices [8]. Specifically, the humanistic quality of students refers to their ability to use knowledge and the basic conditions of their character cultivation, including life orientation, acquisition and accumulation of knowledge, the ability to apply knowledge and personal virtue and other connotations [9]. Humanistic quality education is to promote students' humanity state, and molding ideal personality as well as achieving personal and social value of education, is to train students' correct attitude to life, the scientific outlook on life and noble personality education, and it will be the human outstanding culture achievements through the way such as knowledge inheritance and environment edification, internalizing students' personality, the spirit of the inherent quality [10]. The humanistic quality education for students should not only attach importance to the cultural infiltration from the outside in, but also emphasize the students' self-understanding and spiritual understanding. While understanding the meaning of life, it should give more humanistic care to the society and fundamentally reflect the essence and ideal of education [11].

2. Materials and Methods

The “student-centered” teaching is to make students become the protagonists and centers of classroom learning activities. The formulation of teaching objectives, the selection of teaching materials, and the choice of teaching methods should be carried out around students; teachers retreat into the “leaders” of student learning. And “helpers”, teachers in the teaching of intellectual development should pay attention to their emotional and spiritual development needs, in the training of students in English abilities should take into account their individual differences, try to teach students in accordance with their aptitude. In the teaching of English, the teaching content of cultural and humanistic knowledge is highlighted. It is based on cultural knowledge and humanistic knowledge to carry out English teaching, and enhance students' English proficiency through cultural teaching and humanistic knowledge teaching. English culture teaching contains two aspects: First, learn from and absorb the essence of foreign culture, improve cultural literacy. Second, we should strengthen our understanding of our own culture. At present, with the penetration of Western culture, western music, film, love concept, self-centeredness and so on have a great impact on young students. English classroom should introduce some English cultural carriers to guide students to think correctly and distinguish right from wrong. In addition, the literary works selected in the English course are of profound intention. Through the analysis of these literary works, we can not only enhance the interest of the course, stimulate students' interest in learning English, and provide a good psychological basis for learning English well, but also guide students to understand the humanistic spirit and possess humanistic accomplishment.

College English teaching should break away from the narrow circle of examination-oriented education, break through the shackle of textbook content, reasonably integrate teaching content on the basis of syllabus, and integrate humanistic quality teaching with language knowledge teaching. In addition to the teaching content, the teaching methods of college English classes should also present diversified characteristics. Diversified attempts in teaching contents and forms can make language learning become three-dimensional and vivid, and gradually lead students to have a more objective and comprehensive understanding of things in life, so as to enhance the accumulation of personal humanistic quality. In order to embody humanistic spirit, English education should cultivate students' self-realization. The process of foreign language learning is the process of learners' personification and life cultivation. In this process, students can not only acquire foreign language knowledge and skills, but also “sharpen their will, cultivate their sentiments, broaden their horizons, enrich their life experience, develop their thinking ability, develop their personality and improve their humanistic quality”. Foreign language teaching is not only to improve students' language ability, but also to inspire students to think about society and life through teaching content, so as to make the connotation of College English teaching more profound. Comprehensive and rich. English classroom teaching should embody humanistic spirit. The position of humanistic education is classroom teaching. Students can not only improve listening, speaking, reading and writing in the

process of language learning, but also subtly feel the influence of humanistic spirit and strive to shape a perfect personality.

3. Results

The important guarantee for the successful implementation of humanistic education in college English teaching is to have a high-quality teaching staff. Teachers are the key to deepen teaching reform and integrate college English into humanistic education. Teachers should be able to reasonably carry out teaching design and implementation, constantly improve teaching methods and implement effective teaching monitoring. Teachers should not only impart knowledge, but also be academic researchers. Teachers should treat each student fairly, master the knowledge of linguistics, pedagogy, psychology, aesthetics and other related disciplines, improve their own quality and strengthen the humanistic cultivation. Teachers' wisdom of "learning to be a teacher", their personality of "being a model" and their spirit of "being insatiable in learning and tireless in teaching" directly affect students. The values and aesthetics of social culture reflected by his personality charm are important references for the construction of students' individual culture. The relationship between science and technology and culture in today's world is becoming more and more close in the process of social development. The society requires talents in all fields to have a humanistic and rational spirit, a world view of harmonious coexistence between man and nature, and a harmonious view of the values of nature and the environment. In the process of teaching, we should pay attention to the moral quality of students and the education of personality development, and guide students to distinguish between right and wrong, become talents with sound personality, noble moral character and balanced development of various abilities. Therefore, people-oriented, changing educational concepts is the key to strengthening English humanities quality education. Can be seen in Table 1.

Table 1 Views on the relationship between college English learning and improving students' comprehensive quality

Topic	Option	Number of people	Percentage%
English learning can improve the quality of students	Yes	253	74.6
	Maybe	58	17.1
	Not	16	4.7
	Do not know	12	3.6

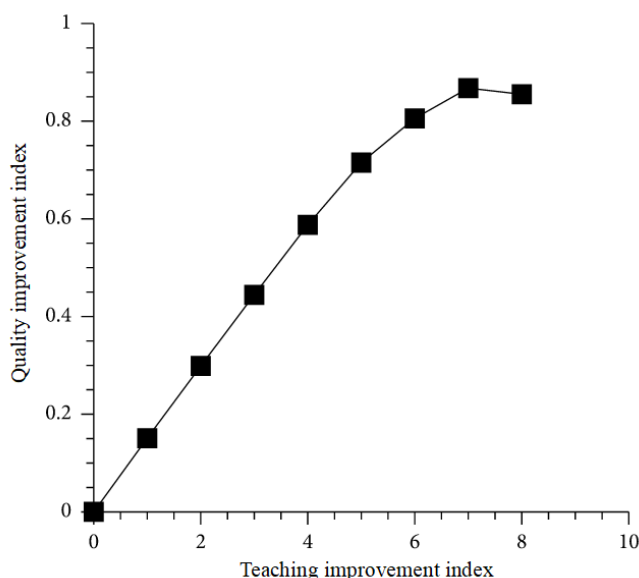


Fig.1. Improvement of classroom teaching

In this important practical link of teaching, teachers should not only impart knowledge and

cultivate ability to students, but also devote themselves to the cultivation and improvement of students' quality. Practice has proved that the indoctrination teaching method is not conducive to the cultivation of students' quality, and often leads to the disconnection of students' knowledge, ability and quality. Many people will not study even if they pass CET-4, and will not consult reference books and materials. Therefore, teachers should consciously cultivate students' self-reliance awareness, strengthen self-learning ability, self-reliance ability and the ability to analyze and solve problems, and improve their humanistic quality. Figure 1 shows that teachers should improve classroom teaching according to the situation so that students can not only learn knowledge, but also master the methods and Strategies of self-learning and improvement, so as to promote the transformation of their self-reliance consciousness to self-reliance ability.

In general, English teachers are good at accepting students' opinions and different reflections, setting a good example for students, contributing to the cultivation of students' criticism and self-criticism and sense of responsibility, which is conducive to the improvement of students' humanities quality. Secondly, college English is a public class, and students are often dissatisfied with their own department. If teachers and students lack communication and effective communication, it often leads to tension between teachers and students, and it is extremely unfavorable for the smooth progress of teaching. Therefore, teachers should encourage students to make suggestions and good suggestions, and jointly make suggestions for good English lessons. It can eliminate contradictions, harmonize the relationship between teachers and students, and also cultivate students' sense of responsibility and strengthen self-awareness. Figure 2 shows the results after the improvement.

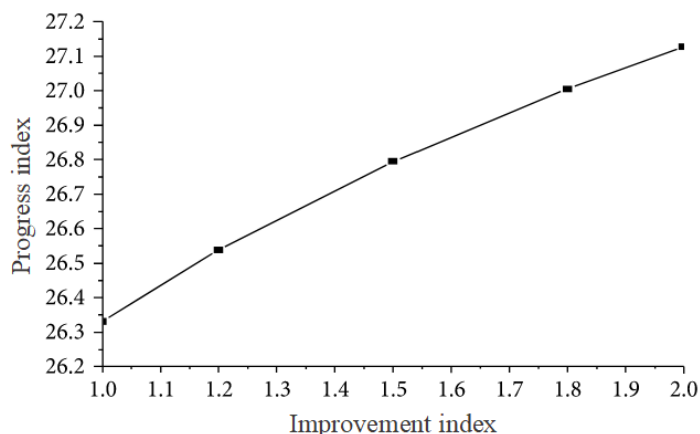


Fig.2. Improvement of teacher-student relationship in English teaching

4. Conclusion

In summary, the implementation of humanities education in college English teaching will undoubtedly contribute to the benign mutual dynamics of teaching and learning. In practice, many college English teachers consciously or unconsciously ran through the humanities quality education and published some related papers. However, in general, lack of consciousness and system, we should further strengthen research and analysis in practice, explore how to consciously implement humanities education into college English teaching, and turn the penetration of humanities education from unconscious to conscious, and study The way, method and means of infiltration. In practice, the behavioral consciousness is continuously strengthened, the behavior level is improved and improved, the university English teaching system is optimized, the effective teaching of college English is realized, and the development of humanities education in colleges and universities is truly promoted by "sense and mutual promotion". The process of English learning is the process of personalization of learners and the formation of life accomplishment. College English teachers should make good use of the textbooks creatively so that students can feel the unique language and culture brought by English teachers, penetrate humanistic education into the whole process of

English teaching, and comprehensively improve students' comprehensive humanistic accomplishment.

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